

DIABETES FOOD/DRINK COMMUNICATION SHEET – ACCU-CHEK EXPERT METER



Pupil's name: \_\_\_\_\_

Nursery/School \_\_\_\_\_

Day & Date \_\_\_\_\_

	FOOD & DRINK List each item & the carbs it contains
LUNCH	
	Total _____ grams

Parent/Carer Signature \_\_\_\_\_

Version 1: 26 July 2022

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