

# COMMUNITY LED SUPPORT HERE FOR CAITHNESS COMMUNITY POP UP HUBS

GET  
ADVICE

FIND  
SUPPORT

STAY  
CONNECTED

COMMUNITY POP UP HUB - COME ALONG TO FIND OUT WHAT COMMUNITY SERVICES ARE AVAILABLE IN YOUR AREA & HAVE A CUP OF TEA OR COFFEE, A CAKE & A CHAT!

DATE	TIMES	LOCATION	VENUE
Wednesday 22nd March	10am - 2pm	Keiss	Keiss Hall
Thursday 1st June	10am - 2pm	Thurso	British Legion
Wednesday 23rd August	10am - 2pm	Castletown	Drill Hall
Wednesday 25th October	10am - 2pm	Wick	Caithness House

## SUPPORTED BY



## PARTICIPATING ORGANISATIONS & GROUPS:

CAITHNESS VOLUNTARY GROUP  
(HERE FOR CAITHNESS)

BEFRIENDERS HIGHLAND

LISTENING EAR

TECHNOLOGY ENABLED CARE  
(NHS HIGHLAND)

CAITHNESS CITIZENS  
ADVICE BUREAU

CAITHNESS FAMILY  
SUPPORT GROUP

CITY MOBILITY

HIGHLIFE HIGHLAND -  
LIBRARIES & LEISURE CENTRES

HIGHLIFE HIGHLAND -  
COUNTRYSIDE RANGERS

HIGHLAND COUNCIL -  
EMPLOYABILITY

HIGHLAND COUNCIL -  
HOUSING

SUPPORT IN MIND SCOTLAND

ENABLE WORKS

CONNECTING CARERS

ORMLIE COMMUNITY  
ASSOCIATION

PULTENEY PEOPLE'S PROJECT

DUNBEATH HERITAGE CENTRE

HEARING & SIGHT CARE

ALZHEIMER SCOTLAND

CAITHNESS KLICS

FAMILY MEDIATION/  
RELATIONSHIPS MATTER  
SCOTLAND

POLICE SCOTLAND

SOCIAL SECURITY SCOTLAND

SENSORY CENTRE

THURSO COMMUNITY CAFÉ

FISHERMEN'S ASSOCIATION

NHS HIGHLAND - CAITHNESS  
SERVICE REDESIGN  
PROGRAMME

NHS HIGHLAND - COMMUNITY  
OCCUPATIONAL THERAPY

NHS HIGHLAND -  
SOCIAL WORK