

CPR for Feet

C Check



Check both feet:

- ❖ Are there any breaks in the skin/areas of discolouration?
- ❖ Are there any ulcers present?
- ❖ Is neuropathy present?
- ❖ Is action required?

P Protect



Protect feet if

- ❖ Pressure damage/ulcer present
- or **at risk due to:**
- ❖ Neuropathy
 - ❖ Previous ulcer/pressure damage or amputation
 - ❖ Bed bound or fragile skin

R Refer



Refer all patients with a foot ulcer/pressure damage or other major concern to the podiatry department or Tissue Viability Services for treatment and reassessment of pressure relief requirements.

Tel